CAMP McDOUGALL

A Day at Camp

Not sure what to expect? Here is how a typical day at Camp McDougall runs, from wake-up to lights out.

Cabin assignments

Campers are divided into cabin groups.

Daily schedule

This is a sample of a typical day.

Morning

7:30	Wake up
7:45	Morning watch
8:00	Morning activities
8:30	Breakfast
9:30	Living and Learning / Session 1
10:30	Session 2
11:30	Jumpers
12:00	Lunch

Afternoon

1:15	Cabin clean-up / Rest time
1:45	Session 3
2:45	Snack
3:00	Session 4
4:00	Free swim
5:00	Change
5:15	Jumpers
5:30	Supper

Evening

6:30	Cabin time
7:00	Wide game
8:15	Snack
8:30	Campfire
9:30	Goodnight campers
10:00	Lights out

Campfire

The last program activity of each day is the campfire. Campfires blend songs, stories and skits.